

Bringing a new healthy living centre to Reydon

HealthEast CIC, the clinical commissioning consortium for Great Yarmouth and Waveney, Southwold Surgery and NHS Norfolk and Waveney are working in partnership to bring a new healthy living centre to Reydon.

Patients are at the heart of all we do, and we believe that creating a new Healthy Living Centre for Southwold, Reydon and its surrounding villages will help us to achieve the national aim of the NHS to deliver care to patients closer to their homes. Care closer to home means that patients reduce their hospital visits and receive their care in a community setting nearer, and in some cases within their homes.

An engagement programme is running from January 1 to March 31 2012. To kick start this we, in conjunction with the Southwold and Reydon Society, ran a public meeting on January 5 at St Edmunds Hall. The meeting gave an insight into our progress so far and informed people of our plans.

'The new Healthy Living Centre in Reydon will give patients access to treatment and advice from health professionals in a modern and accessible building. There will be plenty of opportunities for other services to be accommodated there too, placing a great new facility at the very heart of the community.' Maureen Carson, Director of Nursing, NHS Norfolk and Waveney

Please note: Whilst we have every intention of proceeding with the plans to build the Healthy Living Centre, it should be noted that they are subject to the availability of funding.

What is a Healthy Living Centre?

When we talk about a Healthy Living Centre we mean a building that sits at the heart of the community which is home to a number of health services and local community services. For example a GP surgery, other services delivered by East Coast Community Healthcare, outpatient clinics delivered by clinicians from the James Paget University Hospitals NHS Foundation Trust (James Paget Hospital) and other local services such as a local library or voluntary group

Why do we need one?

For some time now the GPs and staff at Southwold Surgery, HealthEast and NHS Norfolk and Waveney have recognised the need for a larger, modernised and fully accessible surgery.

Land has been purchased in Reydon to build a new Healthy Living Centre which will be home to the GP Surgery and a number of other outpatient and community services. Over a three month period running from January to March 2012 we will be listening to your views about the relocation of services to the new Healthy Living Centre.

Why have we chosen to put a new Healthy Living Centre in Reydon?

The current surgery is located in York Road, Southwold. From the practice's registered population of 5,088, only 779 (15%) are Southwold based; the rest live in Reydon and the surrounding villages

The surgery is now too small and overcrowded to meet all the needs of the patients it serves. It has some access difficulties for disabled patients, particularly at the front entrance. There is no training space for GPs and other staff and there is little opportunity to extend or change the building to make improvements. This makes it impossible to update the building to meet the expected standards of a GP surgery today.

Land on the old Eversley Playing was selected as the best option for the new Healthy Living Centre. Other areas were considered but were deemed unsuitable due to their risk of flooding or were too far away from where most patients live. The new site is just one km (0.6 miles) from the current surgery.

Why do outpatient services need to move?

Co-locating GP's and other health professionals in one centre will enhance the patient's care experience and help to make a seamless transfer for patients between services. Clinicians based at the site will be able to work far more collaboratively than they do at the moment, and will have a better and more modern space in which to carry out their work.

Also for many patients, relocating these services to Reydon will make them more accessible and nearer to their homes.

What services will the new Healthy Living Centre provide?

The Healthy Living Centre will provide health services for the entire community, from infants to the very old. It will include family and children services, outpatient clinics and services for older patients.

There will be a shared space for healthcare professionals to work and train in. This will allow the same rooms to be used by different types of healthcare specialists for all types of appointments. This will help make sure that the new space is being constantly used (the more well used the building is, the better value for money it is) and local people get a variety of services all conveniently situated in one location within their local community.

The intention is that the following services will be located in the Healthy Living Centre:

Southwold Hospital	Southwold Surgery
community nursing	GP service
health visiting	Minor Injuries Unit
ophthalmology	community mental health
general surgery	community case managers
orthopaedics	psychological therapy
urology	speech and language therapy

podiatry physiotherapy occupational therapy	dispensing services
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We don't yet know what new services will be offered at the centre as a service review of the health needs for the area is being carried out at the moment. As soon as we do know we'll tell you. But there may also be an option for the NHS dentist in Southwold High Street to relocate to the HLC. And it is possible that the site could be used to integrate with other community groups, and voluntary services (for example a group offering medical equipment loans).

What are the benefits to patients?

The new building will:

- replace the Southwold Surgery with a new modern facility that is fit for purpose, and can provide training facilities for doctors and other healthcare staff of the future
- provide space for other clinical activities, social and voluntary services and local amenities which are not available at the moment all in one place
- offer a base from which to support patients better in their own homes, to help them avoid having a stay in hospital unnecessarily
- create a more central service that gives better access to patients from a number of remote communities around Southwold
- provide easier access to parking than is currently available in Southwold for Southwold Surgery and Southwold Hospital patients.

Who will be able to use the new Healthy Living Centre?

- patients registered with the Southwold Surgery will continue to be able to use the Healthy Living Centre as their GP Surgery if they wish
- patients using the outpatient services and the other community services at Southwold Hospital like physiotherapy will be able to use services at the new Healthy Living Centre
- patients currently travelling to the James Paget Hospital in Gorleston could also benefit from new outpatients clinics that could be located at the Healthy Living Centre

Added to this, we hope new people will come in, perhaps for dental care, or for a local community group meeting.

What else will the Reydon site be used for?

NHS Norfolk and Waveney owns 32% of land at the Reydon site, or 2.2 acres (one hectare). The rest is owned by a housing developer, which has already starting to make progress on its

development of residential houses on the site. The new Healthy Living Centre and the parking allocated to it will not take up all of the land that we own. It is possible that in time a new nursing home could be built on the remaining land by an independent developer. The timescales for this are not known yet, and the funding for it has not been identified.

How are we listening to people's views?

The three month engagement plan (January to March 2012) will allow us to share our plans with the local community and collect the views from people who may be affected by these proposals. We will run a public meeting so that local people can come and see the plans, ask us questions, and tell us their views. We'll also be regularly updating this website and the local press on progress. During this time we'll also have an online survey, accessible from this website and also the local NHS Great Yarmouth and Waveney website for you to tell us your views easily. You can also write to:

Natalie Williams
Senior Communications and Engagement Manager
NHS Norfolk and Waveney
1 Common Lane North
Beccles
Suffolk
NR34 9BN

Or email: gyw-pct.yourviewsmatter@nhs.net

Will what I say make any difference?

Yes. We want to make sure the services in the centre meet local needs. This is your opportunity to tell us your views about the relocation of services to the new Healthy Living Centre and to help inform our future decisions about the provision of healthcare in Southwold, Reydon and the surrounding villages.